



The
Radler
BIKE FESTIVAL

2019 RULE BOOK

INTRODUCTION

Welcome to the Radler Bike Festival! We ask that all riders read this Rule Book prior to event day and have access to it on your phone when riding. Please note that all information in this Rule Book is subject to change at any time. Read on and have a great ride.

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WEEKEND SCHEDULE OF EVENTS

Friday Advanced Packet Pickup | Friday August 2nd, 2019 | 3:30 pm to 7:30 pm
At your selected bike shop location in Lincoln & Omaha | [See locations here >>](#)

Day 1 Ride | Lincoln to Roca: Saturday August 3rd, 2019

- *Parking/Event Day Packet Pickup/Luggage Check*
 - 11:00 am to 1:15 pm | Matt Lot 605 N. 8th Street, Lincoln, NE
- *Bike Parking*
 - 11:00 am to 1:30 pm | Canopy & Q St
- *Ride Start*
 - 1:30 pm | Canopy & P St
- *On-Course Snacks/Water/Repair*
 - 1:30 pm to 4:00 pm
- *Ride Finish*
 - 2:45 pm to 5:00 pm | Roca Berry Farm
- *Bike Check-In/Luggage Pickup>Showers/Camp Setup*
 - 2:45 pm to 9:30 pm | Roca Berry Farm
- *Dinner*
 - 5:00 pm to 7:00 pm | Roca Berry Farm
- *Festival/Movies/Activities/Beer Garden*
 - 3:00 pm to 11:00 pm | Roca Berry Farm
- *Camping*
 - Setup can begin when you arrive
 - Quit Hours begin at 11:30 pm | Roca Berry Farm
- *Return Shuttles to Event Parking*
 - Multiple Times. Costs Extra | [See Shuttle Schedule here >>](#)

Day 2 Return Ride | Roca to Lincoln: Sunday August 4th, 2019

- *Breakfast/Bike Check-Out/Luggage Check*
 - 7:00 am to 9:00 am | Roca Berry Farm
- *Ride Start (Not Mass Start, Sleepy Start Whenever Ready)*
 - 7:00 am to 9:00 am | Roca Berry Farm
- *On-Course Snacks/Water/Repair*
 - 7:00 am to Noon
- *Finish at Canopy St*
 - 7:45 am to Noon | Canopy & P Street.
- *Finisher Awards & Ride Recovery*
 - 7:45 am to Noon | Canopy & P Street.
- *Luggage Claim*
 - 8:00 am to 1:00 pm | Matt Lot 850 S St, Lincoln, NE

BEFORE THE RIDE

DOWNLOAD THE RADLER PHONE APP

We have partnered with Nanonation to bring you the Radler Phone App. This free-to-download app for iPhones and Android will be available approximately two weeks prior to event day.

The phone app will include the schedule of events, all route maps, route stops and contain interactive maps and schedules to notify you of the location of everything at Roca Berry Farm both Saturday and Sunday.

In addition to the schedule of events, maps and notifications the app will feature a passport game allowing you to check-in at each stop or activity along the way to gain points toward a special prize.

THE REGISTRATION PACKAGE: WHAT'S INCLUDED (STEP 1 | Registration)

Registration is a simple 2-step process. Step 1 gets you signed up for the Radler Bike Festival and includes everything you need to have the best weekend of the summer.

Your registration fee includes a bunch of perks, swag and nearly every experience for the weekend. Registration is required to ride and attend the festival. A limited number of festival passes are available for sale for friends and family of registered riders.

FINALIZE YOUR LODGING & PRE-PURCHASE ADD-ONS (STEP 2 | Choose Add-Ons)

Once you've talked over your plans with your crew, you'll be able to choose Add-Ons like pre-registering for free activities and purchasing lodging upgrades and non-rider festival passes.

LODGING OPTIONS

CAMP AT THE FESTIVAL

- ❖ Bring your own tent (free)
- ❖ Rent a tent and have it setup for you (Costs extra | [See prices online](#))
- ❖ Bring your RV or Camping Trailer (Limited & costs extra | [See prices online](#))

HOTEL AT THE FESTIVAL (GLAMPING)

- ❖ Wanna go luxury? Rent an onsite hotel trailer which sleeps four people in two queen beds and features air conditioning, electrical outlets, and a flat screen television with DVD player. (Limited & costs extra | [See prices online](#))

SLEEP IN LINCOLN

- ❖ Catch the return shuttle back to the parking lot (Costs extra | [See schedule & prices online](#))
- ❖ Sleep in your own bed
- ❖ Stay at our host hotel (book directly with host hotel)
 - In the morning catch the return shuttle back to Roca Berry Farm for the morning ride. (Note: You will not be allowed to bring your bike on the return shuttle)

You do not need to purchase anything extra. However, if you want to add any of these items you will have to be registered online prior to final deadline to avoid late fees (30 days prior to the ride).

ADD-ONS

These are non-essential items that will make your experience better. If want any of these please do so prior to the Standard Reservation Deadline to make sure they are still available. [View Add-Ons Here >>](#)

IMPORTANT DEADLINES

Early Reservation Deadline: June 7, 2019

Standard Reservation Deadline: June 26, 2019

Final Reservation Deadline: July 26, 2019

Prices for many add-ons increase after the Standard Reservation Deadline and some may be sold out or not available.

PACKING LIST

With registration each rider will have receive two luggage tags to transport two bags from the starting parking lot to the Festival and back. If you need additional luggage tags, you can purchase them after you register for \$25 per tag.

Note: If you are bringing your tent that counts as a bag, same goes for your sleeping bag. We suggest you put your sleeping Luggage & tent inside a bag.

[View Complete Packing List Here >>](#)

SAFETY GUIDELINES

When you registered to participate in Radler, you agreed to abide by all of the following rules of the ride at all times during Radler weekend:

- ❖ *Radler is not a race, it is a ride.*
- ❖ *All riders must be 21 years or older*
- ❖ *The first several miles of Saturday's course will be traffic free on closed roads.*
- ❖ *The bike trail portion of the route will cross several on open roads supported by police. Police officers at these intersections may stop you for your safety and then escort you safely across the street as soon as possible.*
- ❖ *Obey all traffic signs on the bike trail.*
- ❖ *Obey police officer instructions.*
- ❖ *Ride as far to the right of the road or bike trail as is safely possible, except to pass.*
- ❖ *Pass on the left side only. Announce you are passing.*
- ❖ *Helmets must be worn at all times while riding.*
- ❖ *Headphones are not permitted while riding.*
- ❖ *Endangering the safety of your fellow Riders is strictly prohibited.*
- ❖ *Ride defensively in consideration of your fellow Riders*
- ❖ *Ride in control of your bike at all times (i.e. be able to stop within a reasonable distance).*
- ❖ *Communicate with your fellow Riders using proper cycling terms such as "On your left," "Stopping," etc.*
- ❖ *Use proper hand signals when turning.*
- ❖ *Make left turns from center of road or left turn lane.*
- ❖ *Cross railroad tracks at right angles to avoid dropping wheels into space between the rails and road.*

- ❖ *Obey instructions from the police and Radler road crew and pay attention to information posted on Radler signs.*

TIPS FOR SAFE GROUP RIDING

BE PREDICTABLE

Group riding requires even more attention to predictability than riding alone. Other cyclists expect you to continue straight ahead at a constant speed unless you indicate differently.

USE SIGNALS

Use hand and verbal signals to communicate with fellow cyclists and with other traffic. Hand signals for turning and stopping are as follows: left arm straight out to signal a left turn; left arm out and down with your palm to the rear to signal slowing or stopping; and for a right turn, put your right arm straight out or put your left arm out and up.

GIVE WARNINGS

Warn cyclists behind you well in advance of changes in your direction or speed. To notify the group of a change in path, the lead Rider should call out “left turn” or “right turn” in addition to giving a hand signal.

CHANGE POSITIONS CORRECTLY

Generally, slower traffic stays right so you should pass others on their left. Say “on your left” to warn the cyclist(s) ahead of you that you are passing. If you need to pass someone on the right, say “on your right” clearly since this is an unusual maneuver.

ANNOUNCE HAZARDS

When riding in a group, most of the cyclists do not have a good view of the road surface ahead, so it is important to announce holes, glass, sand, grates, and other hazards. The leader should indicate hazards by pointing down to the left or right, and by shouting “hole,” “bump,” etc. where required for safety.

WATCH OUT AT INTERSECTIONS

When approaching intersections that require vehicles to yield or stop, the lead Rider will say “slowing” or “stopping” to alert those behind to the change in speed. When passing through an intersection, some cyclists say “clear” if police officer instructs riders to go or there is no cross traffic. Note that each cyclist is responsible for verifying that the way is indeed clear.

MOVE OFF THE ROAD OR TRAIL WHEN YOU STOP

Whether you are stopping because of mechanical problems or to regroup with your companions, move well off the road so you do not interfere with traffic. When you start up again, each cyclist should look for, and yield to, traffic.

RIDE TWO ACROSS

Ride two abreast as appropriate to the bike trail.

HYDRATION AND NUTRITIONAL INFORMATION

Please remember to keep yourself well hydrated before, during, and after the ride (regardless of the weather).

It is critically important to avoid dehydration by drinking water and sports drinks on a schedule throughout the ride (roughly one liter per hour). Do not rely on thirst—thirst only kicks in when you are already becoming dehydrated. It is also important, however, not to over-consume water.

- ❖ *Make sure you bring full water bottles to the start of the ride.*
- ❖ *There will be multiple water and snack stops along the route each day. Be sure to fill up your water bottles at each stop.*

At the Festival there will be plenty of drink options. But be sure to continue to drink water or sports drinks along with other choices such as soda or beer.

Pro-Tip: Snacking on fruits that are potassium rich and pretzels that contain sodium will also help replenish nutrients the body loses during the ride. Sports drinks are another good choice.

MEDICAL COVERAGE

There will be rolling medical coverage throughout the entire course. The medical providers will not be stationary but will be moving with the ride.

- ❖ *If you have a medical emergency call 911.*
- ❖ *If you have a non-emergency medical situation call event medical 402-890-2891*

FINAL PRE-RIDE PREP TIPS

- ❖ *Have fun.*
- ❖ *Come prepared for the weekend. Don't wait to the last minute to plan and get some miles in the bike saddle before the weekend.*
- ❖ *Invite friends and family members to join you.*
- ❖ *Download the Radler app*
- ❖ *Read this Rule Book*
- ❖ *Get your bike tuned prior to event day.*

PACKET PICKUP

FRIDAY ADVANCED PACKET PICKUP

Advanced Packet Pickup will be at several Bike Shop locations in Omaha and Lincoln on Friday. During registration you will select your packet pickup location from the list of available choices. [View here >>](#)

Bring a Photo ID

What Is Included In Your Packet

Wearable gear as outlined during registration

- ❖ *Event ID Tags: You will receive an event number that links all of your tags together.*
- ❖ *Bike Tag: To be put in the front of your bike with twist ties. This is how event officials identify you have registered for the ride and how we keep your bike safe and ensure it goes back to the correct person at overnight secure check-in.*
- ❖ *Luggage Tag (Qty 2): This adhesive tags should be put around the handles of your Luggage bags. One tag per bag.*
- ❖ *Festival Wristband: Wear this wristband the entire weekend it shows you registered for the event, has your free beer tag on it and matches you to your luggage and bike.*

Changing Your Packet Pickup Location

You can change your packet pickup online with other registration options including your shirt size. You can make changes to your packet pickup location 7 days prior to the event. After that time, you cannot change your location since packets will be packed for transport.

[Change or View Your Packet Pickup Location Start Here>>](#)

- Go to top right corner
- Click on Profile
- Go to Radler and select Manage Registration
- Top Navigation go to "Questions"
- Scroll Down to Packet Pickup and Make the Change

What Happens If I Don't Pickup My Packet on Friday

If you miss your pickup on Friday we will transport your packet to the Saturday pickup location.

Can I Pickup a Friend's Packet

In order to pick up a friend's packet you need to know which location their packet is at. Then you need to fill out a packet proxy that is signed by your friend.

SATURDAY PACKET PICKUP

Event day packet pickup is open from 11:00 am to 1:15 pm at the parking area, next to the Luggage Check. The parking lot is located at the "Matt Lot" 605 N 8th St, Lincoln, NE just north of the post office.

Please leave your bike attached to your vehicle and bring your luggage and photo ID to pick-up your packet and drop off your luggage.

DAY 1: TIMELINE

Lincoln to Roca: Saturday August 3rd, 2019

STAGING AREA | 11:00 am to 1:15 pm | Matt Lot | 605 N. 8th Street, Lincoln, NE

- ❖ Vehicle Parking
- ❖ Event Day Packet Pickup
- ❖ Luggage Check

STARTING ZONE | 11:00 am to 1:30 pm | Haymarket, Lincoln, NE

- ❖ Bike Parking | Canopy & Q Street
- ❖ Portable Restrooms | Canopy & Q Street
- ❖ Restaurants | Various | (Buy lunch prior to ride)
- ❖ Farmer's Market | 8th and P St | (8:00 am to Noon)
- ❖ Start Line | Canopy & P Street

RIDE START | 1:30 pm | Canopy & P Street

RIDE | 1:30 pm to 5:00 pm | Lincoln to Roca

- ❖ On-Course Snacks
- ❖ Water Stops
- ❖ Bike Repair

RIDE FINISH | 2:45 pm to 5:00 pm | Roca Berry Farm

RIDE RECOVERY | 2:45 pm to 9:30 pm | Roca Berry Farm

- ❖ Overnight Bike Check-In
- ❖ Ride Recovery Snacks & Drinks
- ❖ Luggage Claim
- ❖ Free Showers
- ❖ Camp Setup

DINNER | 5:00 pm to 7:00 pm | Roca Berry Farm

FESTIVAL | 3:00 pm to 11:00 pm

- ❖ Music
- ❖ Indoor Activities, Movies and Tournaments
- ❖ Yard Games
- ❖ Outdoor Games & Organized Tournaments
- ❖ Vendor Village
- ❖ Outdoor Beer Garden
- ❖ Indoor Beer Hall
- ❖ Yoga

CAMPING | Roca Berry Farm

- ❖ Setup can begin when you arrive
- ❖ Quiet Hours begin at 11:30 pm | Roca Berry Farm

RETURN SHUTTLE BUS TO STAGING AREA PARKING (\$\$) | 8:30 pm to 11:05 pm

- ❖ *Multiple Times | 8:30 pm to 11:05 pm | Your time is what is on your ticket.*
- ❖ *Shuttle add-ons must be pre-ordered at least 7 days in advance.*
- ❖ *Shuttle will pick you up in the morning and return you to Roca Berry Farm for Day 2.*
- ❖ *You cannot bring your bike on the return shuttle bus.*

DAY 1: PRE-RIDE

It's Radler Day 1! Before you ride to the Festival there are few pre-ride checklist items that you will want to make sure you check off. Essentially the start area is broken into two zones.

Zone One is the "Staging Area" and is located at the "Matt Lot" 605 N 8th Street, Lincoln, NE just north of the post office. This is where vehicle parking, Luggage Check and Packet Pickup will be located.

Zone Two is the "Starting Zone" and is located at Canopy and P Street. This is where the start line, portable toilets and bike parking will be located.

ZONE ONE | "Staging Area" | Matt Lot, 605 N 8th St, Lincoln, NE

Pro Tip: *Follow this sequence to be most efficient.*

- Park your vehicle*
- Put on your Event Tags*
 - Wristband, bike tag and luggage tags*
 - If you haven't picked up your packet, you will get your tags at Packet Pickup.*
- Leave your bike with your vehicle*
- Grab your bags with luggage tags attached*
 - Yes, I have my luggage tags? If you picked up your packet on Friday. You got your event numbered luggage tags; just put them around the handle of each luggage bag with your event number showing. We provided you with 2, if you need additional luggage tags you can purchase at Luggage Check for \$25 each.*
 - No, I don't have my luggage tags? No worries Luggage Check & Packet Pickup are in same area. In other words, if you haven't gotten your packet no worries just walk over with your bags and you will get your luggage tags.*
- Load your luggage; we'll handle transporting your bags to the Festival.*
- Get your bike and head over to the Starting Zone.*

PARKING | 11:00 am to 1:00 pm

- ❖ *Parking is free to all registered riders. Parking is free for the entire event (includes overnight parking)*
- ❖ *Volunteers will direct you to your spot. Riders can park their vehicles in either the East or West Parking Lot, just follow the volunteers.*

EVENT DAY PACKET PICKUP | 11:00 am to 1:15 pm

- ❖ *Event Day Packet Pickup is located in the West Parking Lot beneath the white pavilions.*
- ❖ *See Packet Pickup section for more details.*

LUGGAGE CHECK | 11:00 am to 1:15 pm

Each rider will have the two luggage tags inside their packets to transport two duffle bags from the starting parking lot to the Festival and back. If you need additional luggage tags, you can purchase them after you register online or on event day for \$25 per additional tag. (Note: If you are bringing your tent, that counts as a luggage, same goes for your sleeping luggage. We suggest you put your sleeping gear & tent inside a Luggage bag).

- ❖ **Location:** Luggage Check is located in the West Parking Lot beneath the white pavilions
- ❖ **Luggage tags & name tags:** When you arrive make sure your event numbered Luggage Tags are on each Luggage bag on the outside handle. We also recommend that you put a name tag on each of your luggage bags.
- ❖ **How it works:** Your bags will be loaded into a Penske Truck, where we will stack all bags as tightly as possible. Please do not bring anything breakable.
- ❖ Bags will be loaded as you arrive and placed into a color coded truck.
 - When you pick your bags up at the Festival look for your color code and walk to find your luggage. Luggage will not be ordered in numerical sequence at the festival. Think Baggage Claim at an airport; last in, first out.

ZONE TWO | “Starting Zone” | Canopy & P St, Lincoln, NE

Your vehicle is parked. Your bags are loaded at Luggage Check and your bike tags and festival tags are on you and your bike. Now is the time to head over to “Starting Zone”, located few blocks south at the Canopy & P Street intersection.

At the starting zone we will have a designated bike parking area, portable toilets and more.

IF YOU HAVE EXTRA TIME PRIOR TO THE START

- ❖ Lincoln has one of the best Farmers Markets around and is open until Noon. The Farmers Market is located on 7th & 8th Street from Q to P Street. Come early and check it out.
- ❖ The Haymarket has plenty of restaurants to choose from. After dropping off your bags if you need to grab lunch we encourage you to do so at one of these restaurants before the 1:30 pm start time.
- ❖ Fill your water bottles. There are public bathrooms located in the Lincoln Train Station next to the Lincoln Visitors Center. Otherwise ask the restaurant you choose to dine at.

FINAL CHECKLIST

- BIKE TIRES PUMPED
- ATE LUNCH
- FILLED WATER BOTTLES WITH WATER
- HAVE BIKE WITH BIKE TAG
- WRIST HAS YOUR FESTIVAL WRISTBAND ID
- PHONE IS FULLY CHARGED
- SMILE ON FACE. READY FOR FUN.

CHECKLIST FOR THE RIDE/CARRY WITH YOU

- BIKE WITH BIKE TAG
- FESTIVAL ID/WRISTBAND
- HELMET
- WATER BOTTLES (2) FILLED
- SUNGLASSES
- SUNSCREEN, LIP BALM

- BIKE BOOM BOX
- CELL PHONE (WITH RADLER APP DOWNLOADED) [IN ZIP LOCK LUGGAGE]
- ID, MONEY/CREDIT CARD [IN ZIP LOCK LUGGAGE \ CARRY WITH YOU]
- PRESCRIPTION MEDS [CARRY WITH YOU]
- PATCH KIT
- SPARE TUBES
- FRAME PUMP OR CO2
- SIMPLE TOOL SET

RIDE START | 1:30 pm

This is the moment you have been waiting for. Line up according to your anticipated pace. But don't forget that this is a ride not a race, so why not take it easy and take your time.

Ride to Roca

The Saturday 20 mile route will be a mass start leaving from Canopy Street and finishing at Roca Berry Farm and will include both road and trail sections. The traffic free road section from downtown Lincoln's Canopy Street to Pioneers Park will be closed to vehicle traffic. This section of the Saturday course will only be open to bike riders. No vehicles. After exiting Pioneers Park, riders will ride on a bike trail section that includes both cement and crushed limestone trails. During this section of the course there will be a handful of road crossings controlled by police. The route includes two snack stops and two water stops with bike repair along the way.

- ❖ *The ride will be well marked with a combination of cones, arrow signs, volunteers and police officers stationed at turns or intersections.*
- ❖ *Approximately the first 7 miles of the course will be on closed paved roads before narrowing down to a bike path width for the remaining 13 miles.*
- ❖ *This is an event, not a race so stopping bikes can be done if needed or an event officer or volunteer thinks it is safer for the rider. We have planned for bikes to range in speed from 7 mph to 20 mph. Enjoy yourself on the ride. (2.5 minutes per mile to 8 minutes)*
- ❖ *Police will be helping to control traffic on Saturday with the mass start from Canopy Street at 1:30 pm.*
- ❖ *During the bike trail sections Police may stop riders for their safety; after all, this is a ride not a race.*
- ❖ *Bring plenty of sunscreen and water. There will be water and snack stations along the way as outlined below.*
- ❖ *Save the partying to the Festival. Don't drink and ride.*

Route Basics/Turn by Turn:

- ❖ *Mass roll out of Canopy Street with full road closure.*
- ❖ *Turn east (left) onto N Street.*
- ❖ *Then turn south (right) onto closed traffic free lanes of 9th Street.*
- ❖ *Turn west (right) Rosa Parkway westbound.*
- ❖ *Turn south onto Folsom (left)*
- ❖ *Continue on Folsom past South Street. After passing under Hwy 77 riders will reach a T intersection. Take a left to continue going south on Folsom to W. Burnham Road*
- ❖ *Riders will turn west (right) onto W. Burnham Road*
- ❖ *Riders will turn north (right) on Coddington St*
- ❖ *Turn west (left) into Pioneers Park on the road.*

- ❖ *By Pinewood Bowl riders will turn north (right) onto a gravel road.*
- ❖ *Turn east (right) once hit the paved trail and reach Lemonade & Cookie Stop at Pioneers Park Columns [Approximately Mile 7]*
- ❖ *After cookie stop continue heading east on the Bison Trail out of Pioneers Park.*
- ❖ *Riders will cross Coddington St and continue heading east (straight) on the paved Bison Trail.*
- ❖ *The paved Bison Trail will continue east until it hits a trail intersection, turn north (left) over the bridge over Salt Creek,*
- ❖ *Immediately after crossing bridge turn south (right) to the crushed limestone Jamaica Trail.*
- ❖ *Water Stop & Bike Repair #1 will be located off the trail just south of soccer complex [Approximately Mile 10]*
- ❖ *At T bike trail intersection turn south (right) to continue on Jamaica Trail*
- ❖ *Be careful crossing Pioneers Blvd. Follow volunteers and police officer instructions, be prepared to stop.*
- ❖ *Be careful crossing Old Cheney Rd. Follow volunteers and police officer instructions, be prepared to stop.*
- ❖ *Water Stop & Bike Repair #2 will be located off the trail [Approximately Mile 13.5]*
- ❖ *Be careful crossing 14th Street. Follow volunteers and police officer instructions, be prepared to stop.*
- ❖ *Italian Ice Stop will be located off the trail in the Saltillo Trailhead Parking Lot [Approximately Mile 15.5]*
- ❖ *Be careful crossing Saltillo Rd. Follow volunteers and police officer instructions, be prepared to stop.*
- ❖ *Be careful crossing Roca Rd. Follow volunteers and police officer instructions, be prepared to stop.*
- ❖ *Turn west (right) in Roca Berry Farm. This gravel road will lead you to the finish line and festival.*

DAY 1 | Snack, Water, & Restroom Stops

- ❖ *Mile 6.75 | Lemonade & Cookie Stop + Restrooms | Columns of Pioneers Park*
- ❖ *Mile 10 | Water & Bike Repair + Restrooms | On Trail Near Calvert Street*
- ❖ *Mile 13.5 | Water & Bike Repair + Restrooms | On Trail Near Yankee Hill Road*
- ❖ *Mile 15.5 | Italian Ice Stop + Restrooms | Saltillo Road Trailhead Parking*

DAY 1 | Flats, Repairs & Help

- ❖ *Start Line*
- ❖ *Mile 10 Water & Bike Repair*
- ❖ *Mile 13.5 Water & Bike Repair*
- ❖ *Finish/Festival at Overnight Secured Storage*

- ❖ *Mobile Fix It: Call our Event Command 402-890-2067 & we will send someone your way, but be prepared to wait 30 to 60 minutes.*

DAY 1 | Finish Line

- ❖ *Ride Recovery (Water Food & Snacks)*
- ❖ *Bike Valet & Overnight Secured Storage*
- ❖ *Bike Repair*

Weather Emergency

In case we experience a weather emergency, we will be in touch with each of you through an emergency text message. We will send this text message out to the number that you provided during registration. Please follow the instructions given to you to help you remain as safe as possible.

Avoiding Lightning

Flash to Bang – When you see lightning, count the number of seconds until you hear thunder. Sound travels at approximately 1 mile in 5 seconds, so a count of 15 seconds means the storm is about 3 miles away. YOU SHOULD SEEK SHELTER IF THE TIME BETWEEN THE FLASH AND THE BANG IS 30 SECONDS OR LESS

“When thunder roars, go indoors!” is a mantra reflecting that an inside location is safest. Sadly, you are not safe anywhere outside, however sometimes; you may not have a choice. If there is no enclosed shelter

- i. Do not shelter under isolated trees – better to go for a denser grove of shorter trees if possible*
- ii. Avoid water*
- iii. Avoid metal objects (including metal bicycles)*
- iv. If there is no structure where you can seek shelter, find a relatively low spot or ditch and crouch down as illustrated below – this position is called the “lightning crouch” – Notice that the heels are together – this is important because the lightning can transfer from one heel to the other and go back into the ground rather than passing through your body.*
- v. Do not keep riding your bicycle!*
- vi. Do not lay flat on the ground – this is dangerous because if lightning hits the ground, it will travel through the ground and if you are laying down, the current could travel through the full length of your body*
- vii. When riding, you can seek shelter in a building, a barn near the road, a front porch of a house, or a local business. Often if you knock on the door of a house, they will allow you to stay in their garage or front porch.*
- viii. Stay inside until 30 minutes after you hear the last clap of thunder.*

If you are caught in a lightning storm and if you feel your hair stands on end, your skin tingle, or you hear crackling noises, crouch on the ground with your weight on the balls of the feet, your feet together, your head lowered and ears covered. Some experts recommend placing your hands on your forehead and your elbows on your knees to create a path for lightning to travel to the ground through your extremities rather than through your core (heart).



DAY 1: FINISH & BIKE CHECK-IN

FINISH: Yippee! You have arrived at Roca Berry Farm and to the Radler Festival. After you cross the finish line, take a few selfies and mosey on over to bike storage.

SECURE OVERNIGHT BIKE STORAGE: Immediately after you finish you will be required to check-in your bike until morning. The area will be fenced in and have overnight security and will require each rider to match their bike bib number to their rider ID bracelet to check out. Sorry no friends are allowed to check-out your bike in the morning.

RIDE RECOVERY SNACKS & DRINKS: After checking your bike into overnight bike storage, your hands will open up for finishers snacks and drinks. These light snacks and recovery drinks will tide you over until dinner.

DAY 1: LUGGAGE CLAIM, SHOWERS & CAMPING SETUP

LUGGAGE CLAIM/LUGGAGE TRANSPORT: *After you have checked in your bikes and gotten your post-ride recovery snacks you are free to get your luggage at any time.*

- ❖ *Your luggage will be sorted into rows based upon the color code of the truck your luggage was packed in.*
- ❖ *Luggage will not be in a number sequence but will be sorted in last in first out system, so remember what your bags look like when walking to find your Luggage.*
- ❖ *Once you have found your luggage, find the luggage attendant and show them your wristband to ensure you Luggage number matches your wristband.*

HOT SHOWERS: *Your daily shower on an air-conditioned trailer with a private dressing area, shampoo and soap dispensers, and endless hot water waits. Our crew cleans shower stalls frequently throughout the day, and showers are available until early evening. Unlike many portable shower operations, PBV showers allow you to keep your stuff with you and it stays dry in your dressing area. YOU NEED TO BRING YOUR OWN TOWEL.*

CAMPING: *After you secure your bags, we recommend that you setup your tent or if you reserved a concierge camping tent check-in and claim your tent.*

If you bring your tent, you can set it up in the free-range camping area on the south side of the finish chute.

Concierge camping, check-in is on the north side of the finish chute and the staff will check you in.

ON-SITE HOTEL TRAILER: *After you secure your luggage, we recommend that you check-in with the staff at Pork Belly Ventures to check into your room.*

OFF-SITE HOTEL & HOMESTAYS: *You needed to pay & register for the return shuttle in advance. The shuttle begins running at 8:30 pm and has several pickup times. [See shuttle schedule here >>](#)*

DAY 1: DINNER & FESTIVAL

We like to think we have made the perfect summer camp for adults with a little of something for everyone including an outdoor music festival, outdoor yard games, indoor beer hall with AC, indoor bike movie theater with AC, vendor village, yoga classes, camping & more.

The dinner bell rings at 5:00 pm and ends at 7:00 pm, so you have plenty of time to enjoy camp.

[Learn more about the Festival >>](#)

[See complete Festival schedule of activities>>](#)

DAY 1: END OF NIGHT

It is the end of a fun day. We encourage you to remember where your tent is prior to the end of the night. You can also go to bed prior to the end of the night, but understand that many people will stay out until lights out. Please respect other riders by following quiet hours and lights out.

Last Call | 11:15 pm

Quiet Hours | 11:45 pm

Lights Out | Roca Berry Farm lights will be turned off at 11:45 pm

Optional Return Shuttle | 8:30 pm to 11:05 pm

If your end sleeping destination is not Roca Berry Farm then the return shuttle is for you. This shuttle cost an extra \$5 for the round trip. All riders wanting to use the shuttle are required to register at least 7 days in advance.

Return Shuttle (\$5.00 | Pre-registration and pre-paid only | No event day shuttle upgrade options.)

- ❖ *Depart From Festival to Starting Line Parking Lot*
- ❖ *45 People Limit Per Bus*
- ❖ *Shuttle will pick you up in the morning and return you to Roca Berry Farm for Day 2.*
- ❖ **NO BIKES ALLOWED ON SHUTTLE**
- ❖ [See shuttle schedule here >>](#)

DAY 2: TIMELINE

Roca to Lincoln: Sunday August 4th, 2019

Luggage Check & Transport: 6:30 am to 9:15 am

Breakfast: 7:00 am to 8:30 am

Showers: 6:30 am to 8:30 am

Help Desk: 6:30 am to 1:15 pm

Roca Bike Checkout: Open from 7:00 am to 9:00 am

Start Line: 7:00 am to 9:00 am

Finish & Ride Recovery: 7:45 am to Noon

Luggage Claim at Parking Lot: 8:00 am to 1:00 pm

DAY 2: PRE-RIDE

It's Radler Day 2. Before you ride back to Lincoln there are few pre-ride checklist items that you will want to make sure you check off. Essentially the morning is all about tearing down camp, eating breakfast and getting ready to ride back to Lincoln.

No mass start today, so you can do these at your own pace as long as they are between our timelines as outlined.

Camp-Tear Down & Luggage Check & Transport

Pro Tip: We recommend following this sequence to be most efficient.

1. Get into your cycling clothes and grab your cycling pre-ride check list items.
2. Take an optional shower if you like.
3. Tear down your tent, check-out with Pork Belly Ventures, or catch optional return shuttle*
4. Pack your bags
5. Grab bags with luggage tags attached
 - a. Festival/event wristband: Hopefully this is still attached to your wrist as this is how you get your bike, check into breakfast and claim your Luggage back in Lincoln. If you lost it, go to Luggage Check/Help Desk and we will help you.
 - b. Luggage tags: Should be attached from Day 1.
 - c. Make sure you have all of your items on your cycling checklist. Once you give us your Luggage...there is not an easy way to reclaim it.
6. Load your luggage, we'll handle transporting them back to the Staging Area in Lincoln
7. Eat Breakfast, Drink Coffee | Open from 7:00 am to 8:30 am
8. Get your Bike & check the tires

9. *Bike check is open from 7 am to 9 am*
 - a. *You will need your Festival/event wristband to get your bike. In other words, you can't grab a friend's bike. We are matching your wristband ID to your bike tag ID.*
10. *Fill your water. There will be water coolers just outside of bike check-out to fill.*
11. *Depart/Start: No mass start today, just start when you are ready between 7 am and 9 am*

Optional Return Shuttle*

Return Shuttle to Roca Berry Farm. *For riders that caught the shuttle to the starting line parking lot on Day 1. Return to the parking lots and park your vehicle before getting on the shuttle. (\$5.00 | Pre-registration and pre-paid only | No event day shuttle upgrade options.)*

- ❖ *Depart from Starting Line Parking Lot to Roca Berry Farm*
- ❖ *45 People Limit Per Bus*
- ❖ **NO BIKES ALLOWED ON SHUTTLE**

LUGGAGE CHECK | 6:30 am to 9:15 am

- ❖ **Location:** *Luggage Check will be the same location as Luggage Claim was on Saturday.*
- ❖ **Luggage tags & name tags:** *Make sure your event numbered luggage tags are still on each Luggage on the outside handle. We also recommend that you put a name tag on each of your bags.*
- ❖ **How it works:** *Your luggage will be loaded into a Penske Truck, where we will stack all bags as tightly as possible. Please do not bring anything breakable.*
 - *Bags will be loaded as you arrive and placed into a color-coded truck.*
 - *When you pick your luggage up at the Matt Lot, look for your color code and walk to find your bags. Bags will not be ordered in numerical sequence back at start, think Luggage Claim at an airport. Last in, first out. Bags will be located in the parking lot where you dropped them off on Saturday.*

BREAKFAST | 7:00 am to 8:30 am

Breakfast will be served at the same location where Dinner was on Saturday night. You can choose to eat outside at one of the picnic tables or inside the Beer Hall barn. An American style hot breakfast will be served at camp. During registration you can choose vegetarian options.

BIKE CHECK-OUT | 7:00 am to 9:00 am

Location: *Bike Check/Storage is located where you dropped off your bike on Saturday. Please follow the enter and exit signs.*

Event wristbands & bike tags: *Bike check/storage is a secure fenced in area. Checking your bike out will require each rider to match their bike tag number to their Event Wristband number. This will allow us to securely check out your bike. Sorry no friends are allowed to check-out your bike in the morning.*

How it works:

- ❖ *You will enter on the north side into secure bike corral starting at 7:00 am showing your Wristband.*
- ❖ *Find your bike (remember where you racked it the day prior ☺)*
- ❖ *Exit on the south of the corral.*
- ❖ *Show the bike checkout staff members your wristband and that it matches your bike tag/id.*

Before your ride go over the final checklist. *Bike pumps, water coolers and a bike expert will be stationed outside of the bike corral for your convenience.*

FINAL CHECKLIST

- BIKE TIRES PUMPED
- ATE BREAKFAST
- FILLED WATER BOTTLES WITH WATER
- HAVE BIKE WITH BIKE TAG
- WRIST HAS YOUR FESTIVAL WRISTBAND ID
- PHONE IS FULLY CHARGED
- SMILE ON FACE. READY FOR FUN.

CHECKLIST FOR THE RIDE/CARRY WITH YOU

- BIKE WITH BIKE TAG
- FESTIVAL ID/WRISTBAND
- HELMET
- WATER BOTTLES (2) FILLED
- SUNGLASSES
- SUNSCREEN, LIP BALM
- BIKE BOOM BOX
- CELL PHONE (WITH RADLER APP DOWNLOADED) [IN ZIP LOCK LUGGAGE
- ID, MONEY/CREDIT CARD [IN ZIP LOCK LUGGAGE \ CARRY WITH YOU]
- PRESCRIPTION MEDS [CARRY WITH YOU]
- PATCH KIT
- SPARE TUBES
- FRAME PUMP OR CO2
- SIMPLE TOOL SET

Start Line: Open from 7:00 am to 9:00 am

Start your way back to Lincoln under the arch. Remember this is a sleepy start day. Start at your own pace after you have loaded your luggage, ate breakfast, checked your bike out and checked off the final checklist.

DAY 2: THE ROUTE

Ride back to Lincoln

- ❖ *Sleepy Start. Head back to Lincoln at your own pace after Breakfast and you have checked your bike out.*
- ❖ *Turn north (left) onto Jamaica Trail*
- ❖ *Obey all traffic laws and yield to vehicles. Police will be assets at bike trail intersections.*
- ❖ *Turn North (left) on Jamaica Trail. Follow Jamaica to J Street. (for 12 miles)*
- ❖ *Careful crossing Roca Rd. No volunteers or police will be there. Obey traffic laws & be prepared to stop.*
- ❖ *Careful crossing Saltillo Rd. No volunteers or police will be there. Obey traffic laws & be prepared to stop.*
- ❖ *Muffin and Juice Stop will be located off the trail in the Saltillo Trailhead Parking Lot [Approximately Mile 4]*

- ❖ Continue north on Jamaica Trail
- ❖ Careful crossing 14th Street. No volunteers or police will be there. Obey traffic laws & be prepared to stop.
- ❖ Water Stop & Bike Repair #1 will be located off the trail [Approximately Mile 7]
- ❖ Careful crossing Old Cheney Rd.
- ❖ Careful crossing Pioneers Blvd.
- ❖ Water Stop & Bike Repair #2 will be located off the trail just south of soccer complex [Approximately Mile 10]
- ❖ After the water stop, make sure you go back to the T bike trail intersection turn North (left) to continue on the paved bike trail toward downtown
- ❖ Follow Jamaica Trail to J Street. (to approximately mile 12)
- ❖ Careful as you exit the bike trail and follow all traffic laws for bikes. This 4 block section is the only open road in the entire course.
- ❖ Turn East (right) onto J Street.
- ❖ Turn North (left) onto 6th Street.
- ❖ Turn East (right) onto L Street
- ❖ Turn North (left) onto 7th Street.
- ❖ Turn West (left) onto N Street.
- ❖ Turn North (left) onto Canopy Street.

DAY 2 | Snack, Water, & Restroom Stops

- ❖ Mile 4 | Donut Holes + Restrooms | Saltillo Road Trailhead Parking
- ❖ Mile 7 | Water & Bike Repair + Restrooms | On Trail Near Yankee Hill Road
- ❖ Mile 10 | Water & Bike Repair + Restrooms | On Trail Near Calvert Street

DAY 2 | Flats, Repairs & Help

- ❖ Start Line
- ❖ Mile 7 Water & Bike Repair
- ❖ Mile 10 Water & Bike Repair
- ❖ Finish Line

Mobile Fix It: Call our Event Command 402-890-2067 & we will send someone your way, but be prepared to wait 30 to 60 minutes.

DAY 2 | Finish Line

- ❖ Finisher Awards
- ❖ Ride Recovery (Water, Food, & Snacks)
- ❖ Bike Parking

DAY 2: FINISH

Welcome back to Lincoln and the Finish Line and completing the Radler.

Finisher Prize: Immediately after crossing the finish line dismount your bike. A member of the event staff will hand you your finisher prize to help celebrate your accomplishment.

Ride Recovery: Following the Finisher Prize area there will be a series of post recovery food and drinks to grab before you exit athlete village.

What's Next: We encouraged you to ride to the parking lot to grab your luggage and put it in your vehicle. After you get your luggage you may want to explore the Haymarket or just head home.

DAY 2: LUGAGGE CLAIM & EXIT

Each rider will have the two luggage tags to transport two bags from Roca Berry Farm to the parking lot where you parked your vehicle on Saturday.

Your luggage will be sorted into rows based upon the color code of the truck your luggage was packed in. Luggage will not be in a number sequence but will be sorted in last in first out system, so remember what your bags look like when walking to find your luggage. Once you have found your luggage, find the luggage attendant and show them your wristband to ensure your luggage number matches your wristband.

FAQ & OTHER RESOURCES

[FAQ | View Here >>](#)

The most up to date information can be found at <https://www.radlerbikfestival.com/>

Event Day Updates will be on Social Media

<https://www.facebook.com/radlerbikfestival>

<https://twitter.com/radlerbikfest>

<https://www.instagram.com/radlerbikfestival/>